Amendments to the Specification:

Amendments to the specification are presented below with replacement paragraphs marked up to show changes made relative to the immediate prior version.

Please replace the paragraph beginning on page 5, line 29 with the following amended paragraph:

Feedback for physical activity is provided through at least two signals in one embodiment, thus ~~demanding~~ alerting the user through the signals to increase or decrease activity or movements, respectively. Providing two signals could prove to be ~~essential~~ useful, due to the fact that it ~~is~~ may not be sufficient just to provide a visual display of the movements of a body part, e.g., the user's limb, during a measurement time period. A feedback signal to alert a person during an activity should be provided, because a simple visual signal is easily disregarded. Hence, at least two signals are provided, such as sound and visual display, or tactile feedback signals through vibrations and a visual display, or even all three mentioned. A sound or tactile feedback could be produced with different frequencies regarding lowering or increasing activity. Tactile feedback through vibrations and similar methods are well known in the art for the same, and not further described.

Please replace the paragraph beginning on page 6, line 18 with the following amended paragraph:

Preferably, the arrangement is designed to make a person using it aware of exceeding or falling below a determined activity level for its level of dieting, thus adjusting itself to a more accurate level of gaining or ~~loosing~~ losing weight. It is deigned to be comfortable to bear and to have battery operated ~~digitising~~ digitizing, calculating and storing obtained senor input signal with, for example, an LCD display and operation buttons 14. A visual display of motion samplings is provided by the LCD display or the like.

Please replace the paragraph beginning on page 7, line 3 with the following amended paragraph:

During a pre-study of the present invention, different activity levels ~~where~~ were monitored by the use of an activity sensor 12. The activity sensor ~~did catch~~ tracked the intensity of several different physical activities, for which average, low and high level values are depicted in the ~~attached~~ Table at the end of the ~~present~~ description. Six different activities ~~where~~ were monitored for a human being with a specific determined diet level, namely, resting, housekeeping, walking, running, ascending stairs and descending stairs. Average, low and high values are ~~as mentioned classified~~ shown in the attached Table.

Please replace the paragraph beginning on page 7, line 10 with the following amended paragraph:

Fig. 2 illustrates the result of the sensor input in six diagrams, each representing ~~obtained motions~~ motions obtained for the specific type of activities mentioned in the table. The diagrams present a time scale, 0-5 minutes, on their x-axis and intensity, 0-60 motions, on their y-axis. Measurements registered with the sensor 12 make up the sum of counted motions (horizontal or vertical shaking) per 16 sec (one possible resolution among others) during 5 min in each diagram. ~~Wen~~ When reading the diagrams, the upper row of diagrams in Fig. 2 depicts the intensity versus time for resting in the diagram to the left and housekeeping to the right, the intermediate row depicts walking to the left and running to the right, and the lower row depicts ascending stairs to the left and descending stairs to the right.